

By the Numbers...

When the neurologist evaluated Bob's cognitive issues, Bob just cruised through any questions that had to do with math. He was counting down by 7's from 100 and was sailing through without a hitch. I was stuck at 93.

As Bob's confusion over concepts, words, and names seems to get progressively worse, his obsession with numbers has progressively gotten more obsessive. I think in general people's idiosyncrasies get magnified with age. Bob's have magnified 100 times and then some.

When Bob does laundry, he gives me a full-blown count of what he did—"I just put away 3 pairs of your pants, 4 undies, 3 pairs of socks, and 2 bras". You would think that a simple "I put your laundry away" would suffice! Today Bob told me that he put 3 pairs of my pants in the closet but that there was 1 more in the second load that would be done in 5 minutes. Good to know! I'm sort of surprised he didn't tell me how many steps he took while doing the laundry.

Bob tries to get in 10,000 steps a day and he has an old style Fitbit that Kyle gave him about 5 years ago. He's obsessed with it and he gives me numerous reports throughout the day. "I'm at 6,502 steps", I'm at 6,523 steps, I'm at 6,538 steps." OH MY! You don't want to be around when it needs to be charged up and he can't have it in his pocket for a few hours. Total anxiety sets in over missing some step counts!

In my car, Bob reports the external temperature to me constantly. "It's 66. Now it's 68. Now it's back down to 66. Now it's only 64." At least we have something to talk about in the car!

Bob is always on time or early. He never says it 7:00 or 8:00 but tells me that it is exactly 7:01 or 8:06. He's precise and gives me the minutes. If he had a second-hand on his

watch, I'm sure he would report the seconds as well as the hour and minutes. I set my watch purposely to be a few minutes fast and he always corrects me on the time that I say it is!

Bob is crazily fastidious about picking up trees leaves if they fall on our patio or rocked yard areas. When he comes back in the house, he reports "*I picked up 28 leaves*". One time he reported that he picked up 221 leaves. Who does that?! If he sees leaves on the patio he'll state that there are 14 of them and that he has to go pick them up!

Bob can tell you his total golf score for the game and break it down by each hole. Plus he can do the same for Jerry's, Richard's, and Ken's score. He may not know their names at times but he knows their golf score! And he gets it right without writing it down.

I'm not sure how many times a day he weighs himself but I get a report with pounds and ounces frequently. More if he's lost weight. Less if he has gained.

Have you ever had your husband report what he eats by the numbers? Bob will report that he had 11 grapes, 1 cookie plus 8 potato chips. I am surprised that I don't get a breakdown on the ounces of milk he drinks. Maybe that's next.

Bob also reports to me how many times he goes to the bathroom during the night but let's not go there!

As soon as I am up in the morning, Bob is asking me what time I want my alarm set for the following day. If I tell him that I am not sure, he'll ask me several more times throughout the morning until I give him a time and he can set that alarm.

Not sure if that is a number thing or just a need to be organized and stay in his routine. But I can count on him always setting that alarm.

All I want Bob to count on is me!!

Sing it Bruno...

You can count on me like 1, 2, 3

I'll be there

And I know when I need it it

I can count on you like 4, 3, 2

And you'll be there

*Cause that's what friends (and spouses!) are supposed to do,
oh yeah*



Bob playing Rummikub and beating me!
2018

Hearts Never Forget!

Pastor Jeremiah spoke at church about how our memories will become vague and confused but the feelings of those memories and the emotions connected with those memories will remain. I had never considered this. I needed to hear this as I often

become melancholy when Bob can't remember places we visited, family vacations, co-workers, friends, and even occasionally our family members. I was comforted by the thought that the feelings of the memories still exist. Those feelings/emotions remain and give Bob pleasure and happiness.

We drove home from church and I saw a friend of ours near our home. I pulled over to say hello to him and we visited a bit. Bob behaved as if he knew who this person was so I was beyond shocked as we drove away and Bob asked me who he was! Even when I told Bob his name, Bob was still unsure how he knew him and asked a few questions about our connection with this person. None of it rang a bell. Even though the memory of this person was gone, Bob ended up by saying that he was happy to see this person and that he knew he liked him!!! **God showed me right then that the feelings/emotions of Bob's memories do still exist!**

Thank you Lord for Pastor's message and then following up with the tangible proof.

Lord, you give me everything I need.





Old (1980's) Pictures of GREAT times!

Praying that Bob has a heart full of happiness even if he
can't remember all the details!